

28th Annual LONGEST DAM RACE
Saturday, June 18, 2022
Fort Peck Dam, Fort Peck, Montana

Events Include: 10K & 5K Run, 5K Walk, 1-Mile Run/Walk, 10-mile Novice Bike Route, and virtual races.

The Course: The race begins with the 10K run which starts at the top of the Fort Peck Dam near the Dam Shaft houses on Highway 24 and proceeds across almost the entire distance of the Dam. There is a 3.1-mile turnaround near the middle of the course, then an approximate 350-foot gradual drop in elevation which is on a gravel/dirt road. This surface transitions back onto asphalt for the last near half mile to the finish line in front of Kiwanis Park. The 5K Run & Walk is on the same course as the 10K less the turnaround portion of the race which begin on top of the Fort Peck Dam and go down a gravel road for approximately 1K and finish at Kiwanis Park. The 1-mile walk/run will be on a nature trail at Kiwanis Park, which is a flat course that is paved. The novice bike race is approximately 10 miles and will start at the top of the Dam heading across the dam and back, continues past the start line, then downhill and flattens out onward to the finish line. All races will finish at Kiwanis Park.

- All Results will be done by Competitive Timing, a professional timing company
- All participants are required to check-in prior to the race at the Kiwanis Park staging area.
- Race officials will be present at 7:00 AM for check-ins.
- Runners must face traffic
- Helmets are mandatory for all cyclists
- All races will be held on schedule regardless of weather conditions
- Alcohol is not permitted
- No dogs allowed
- Registration for ALL races must be registered 30 minutes prior to each race
- COVID-19 regulations will be followed

Entry Fee: \$25 for each participant- 9 years & older-One Event
\$15 for each participant 8 years old or younger-One Event
\$ 5 for each additional event

Entry Fee Includes: **ONE** Longest Dam Race Performance T-Shirt-short sleeve (See extra charge for other options)
There is an \$2 extra charge for long sleeves PLUS \$3 for all sizes 2XL, \$5 for 3XL & \$7 for 4XL

*Additional Shirts may be available for a charge of \$20 each with extra charges with larger sizes & long sleeves.
Please choose only ONE t-shirt option per participant when filling out entry form

Schedule of Events

7:00 AM- Registration at Kiwanis Park

8:00 AM- 10K Run Starts

9:00 AM- 5K Run Starts

9:30 AM- 5K Walk Starts

10:00 AM- Novice Bike Race (10 Miles)

10:30 AM- 1 Mile Run/Walk

Longest Dam Race Entry Form

Age Bracket (check one):

8 & under 9-14 15-18 19-29 30-39 40-49 50-59 60-69 70-79 80 & Over

Contact Information:

Name: _____

Mailing Address: _____

City/State/Zip: _____

Phone (daytime): _____

E-Mail: _____

Male: Female:

Birthdate (day of race): _____

Age of Participant (day of race): _____

Events (check all that apply):

(OFFICE USE ONLY):

10K

Bib #: _____

5K Run

Bib #: _____

5K Walk

Bib #: _____

1 Mile Run/Walk

Bib #: _____

Novice Cycling (10 miles)

Bib #: _____

Event Total:

9 Years & Older:

1 event: \$25

2 events \$30

3 events \$35

4 events \$40

8 & Under years of age:

1 event \$15

2 events \$20

3 events \$25

4 events \$30

Event Total _____

Shirt Information: Basic shirt price included in event fee.

Short Sleeve – OR –

Long sleeve – available for pre-registration ONLY (\$2 More)

Youth: S M L

Adult: S M L XL 2XL(\$3 more) 3XL(\$5 more) 4XL(\$7 more)

Shirt total (if applicable): _____

OVERALL Total: _____

Waiver of Liability

This is an important legal document, read carefully before signing!

Even with the traffic control and EMS on site, I realize the event is physically strenuous, possible adverse weather, and there may be vehicles on the course nevertheless wish to compete and assume the risk on any injury at the crowded start, or on the course. I give up any claims for injuries that I may sustain, including death, and agree to hold harmless, "The Longest Dam Race 7 The Glasgow Area Chamber of Comm. & Ag." "Its directors and officers, employees and volunteers, suppliers, contractors, sponsors, the State of Montana, and anyone else connected with the race." I agree that the race may use any photos taken of me without compensation. I have read and understand the Waiver of Liability for The Longest Dam Race. I am making this agreement and paying my entry fee in exchange for the privilege of competing in this race and using the facilities provided by the race.

Participants under 18 must have a parent or guardian sign.

Date: _____ Signature: _____

Date: _____ Guardian Signature (if under 18 yrs old): _____