

23rd Annual LONGEST DAM RACE

Saturday, June 17, 2017

Fort Peck Dam, Fort Peck, Montana

First 75 Entries turned into the Chamber will receive a free ticket

To the Fort Peck Summer Theatre to be used that Evening

Events Include: 10K & 5K run, 5K walk, Competitive 1 mile run/walk and a Casual 1 mile run/walk, 10-mile Novice Bike Route

The Course: The race begins with the 10K run which starts at the top of the Fort Peck Dam near the dam shaft houses on Highway 24 and proceeds across almost the entire distance of the dam. There is a 3.1-mile turnaround near the middle of the course, then an approximate 350-foot gradual drop in elevation which is on a gravel/dirt road. This surface transitions back onto asphalt for the last near half mile to the finish line in front of Kiwanis Park. The 5K is run on the same course as the 10K less the turnaround portion of the race. The 5K run/walk will begin on top of the Fort Peck Dam, and go down a gravel road for approximately 1K and finish at Kiwanis Park. The casual 1 mile run and walk will be on a nature trail at Kiwanis Park, which is a flat course that is paved. The competitive 1 mile run will start at the Power Houses near the bottom of the hill and finish at the Kiwanis Park. The novice bike race is approximately 10 miles and will start at the top of the Dam heading across the dam and back, continues past the start line, then downhill and flattens out onward to the finish line. All races will finish at Kiwanis Park.

- All Results will be done by Competitive Timing, a professional timing company
- All participants are required to check-in prior to the race at the Kiwanis Park staging area.
- Race officials will be present at 7:00 AM for check-ins.
- Runners must face traffic
- Helmets are mandatory for all cyclists
- All races will be held on schedule regardless of weather conditions
- Alcohol is not permitted
- Registration for ALL races must be registered 1/2 hour prior to each race

Entry Fee: \$25 for each participant-One Event
\$10 for each participant 10 years old or younger
\$5 for each additional event

Entry Fee Includes: **ONE** Longest Dam Race Performance T-Shirt
OR
Longest Dam Race Long Sleeve Shirt

*Additional Shirts will be available for a charge of \$20 each

Please choose only ONE t-shirt option per participant when filling out entry form

SPONSORED BY:

Frances Mahon Deaconess Hospital, Nemont, Big Valley Water, Fort Peck Summer Theatre, Dust Cutter Beverage Co., Glasgow Courier, Edward Jones/Bethanie Knight, Northwest Farm Credit Services, NorthWestern Energy, KLTZ/KLAN Radio, Valley Bank, Ft. Peck Community Federal Credit Union, Independence Bank, Wells Fargo Bank, CHMS, P.C., D&G Sports & Western, First Community Bank, The Dental Care Clinic, Reynolds Market, Glasgow Area Chamber of Commerce & Agriculture

Phone: (406) 228-2222. Fax: (406) 228-2244. Email: chamber@nemont.net
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Schedule of Events
Saturday, June 17, 2017

7:00 AM - Registration at Kiwanis Park
8:00 AM – 10K Run starts
9:00 AM – 5K Walk
9:30 AM- 5K Run starts

10:00 AM – Novice Bike Race (10 Miles)
10:30 AM – Competitive 1 Mile Run
10:30 AM- Casual 1 Mile Run/Walk

Longest Dam Race Entry Form

Individual Events:

____ 10K
____ 5K Run
____ 5K Walk
____ 1 Mile Run/Walk (Competitive or Casual)
____ Novice Cycling (10 miles)

Age Bracket (circle one):

8 & under	30-39
9-14	40-49
15-18	50-64
19-29	65 & OVER

Event: _____
Name: _____
Mailing Address: _____
City/State/Zip _____
Phone (daytime): _____
E-Mail: _____
Male ____ Female ____ Birthdate _____
Shirt Size: Youth: S ____ M ____ L ____
Adult: S ____ M ____ L ____ XL ____ XXL ____
Performance Tee Or Long sleeve

Event: _____
Name: _____
Mailing Address: _____
City/State/Zip _____
Phone (daytime): _____
E-Mail: _____
Male ____ Female ____ Birthdate _____
T-shirt Size: Youth: S ____ M ____ L ____
Adult: S ____ M ____ L ____ XL ____ XXL ____
Performance Tee OR Long sleeve

Event: _____
Name: _____
Mailing Address: _____
City/State/Zip _____
Phone (daytime): _____
E-Mail: _____
Male ____ Female ____ Birthdate _____
T-shirt Size: Youth: S ____ M ____ L ____
Adult: S ____ M ____ L ____ XL ____ XXL ____
Performance Tee OR Long sleeve

Event: _____
Name: _____
Mailing Address: _____
City/State/Zip _____
Phone (daytime): _____
E-Mail: _____
Male ____ Female ____ Birthdate _____
T-shirt Size: Youth: S ____ M ____ L ____
Adult: S ____ M ____ L ____ XL ____ XXL ____
Performance Tee OR Long sleeve

*****Sign waiver of liability on the back**

Waiver of Liability

This is an important legal document, read carefully before signing!

Even with the traffic control and EMS on site, I realize the event is physically strenuous, possible adverse weather, and there may be vehicles on the course. I nevertheless wish to compete and assume the risk on any injury at the crowded start, or on the course. I give up any claims for injuries that I may sustain, including death, and agree to hold harmless, "The Longest Dam Race," its directors and officers, employees and volunteers, suppliers, contractors, sponsors, the State of Montana, and anyone else connected with the race. I agree that the race may use any photos taken of me without compensation. I have read and understand the Waiver of Liability for The Longest Dam Race. I am making this agreement and paying my entry fee in exchange for the privilege of competing in this race and using the facilities provided by the race.

Participants under 18 must have a parent or guardian sign.

Date_____ Signature_____ Age_____

Date_____ Signature_____ Age_____

Date_____ Signature_____ Age_____

Date_____ Signature_____ Age_____

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